

VCS APPLE LEARNING PROGRAM

Instruction Technology Services

Title I Tech Team



Screen Time: Screen Time allows you to manage and restrict child usage and access on iOS devices.



DOWNTIME (*Schedule time AWAY from screen*)

- 🍏 Open the **SETTINGS** app.
- 🍏 Tap **SCREEN TIME** located on the left panel of screen.
- 🍏 Tap **DOWNTIME** arrow located on the right side of the screen.
- 🍏 Tap Downtime switch to **ENABLE**.
- 🍏 Tap to **SET** limits.



APP LIMITS (*Set time limits for apps*)

- 🍏 Open the **SETTINGS** app.
- 🍏 Tap **SCREEN TIME** located on the left panel of screen.
- 🍏 Tap **APP LIMITS** arrow located on the right side of the screen.
- 🍏 Tap **ADD LIMIT**.
- 🍏 Tap to app **CATEGORY**.
- 🍏 Tap to specific **APP** to set limit for.



COMMUNICATION LIMITS (*Set time limits based on your contacts*)

- 🍏 Open the **SETTINGS** app.
- 🍏 Tap **SCREEN TIME** located on the left panel of screen.
- 🍏 Tap **COMMUNICATION LIMITS** arrow located on the right side of the screen
- 🍏 Tap arrow beside setting choice to **ENABLE**.



ALWAYS ALLOW (*Set time limits based on your contacts*)

- 🍏 Open the **SETTINGS** app.
- 🍏 Tap **SCREEN TIME** located on the left panel of screen.
- 🍏 Tap **ALWAYS ALLOW** arrow located on the right side of the screen.
- 🍏 Tap app choice to **ENABLE**.
- 🍏 Tap to **SET** limits.



CONTENT & PRIVACY RESTRICTIONS (*Block inappropriate content*)

- 🍏 Open the **SETTINGS** app.
- 🍏 Tap **SCREEN TIME** located on the left panel of screen.
- 🍏 Tap **CONTENT & PRIVACY RESCRIPTIONS** arrow located on the right side of the screen.
- 🍏 Tap arrow to the right of content to **ENABLE**.
- 🍏 Tap to **SET** limits.